

X-TREM REAL

Trainingspad

Short description:

The X-TREM Real training pad was specially developed for EKA training, slightly rounded in sandwich construction with integrated PC plate for maximum shock absorption and energy distribution. The curved shape provides extra protection in case of blows in the peripheral areas. Horizontally and vertically arranged support handles make the pad ideal for all training situations.

The exchangeable front can be replaced easily and quickly and is available as a replacement accessory. This makes the X-TREM REAL impact protection pad extremely durable and economical.



Trainingspad	Article No.
40 x 60 cm	04118080440
60 x 60 cm	04118080441
70 x 90 cm	04118080442

TESTIMONIAL EVALUATION REPORT

Test Trainingspad at a Special Operations Trainingscenter

In mid-September 2021, a certain Group received a Bonowi shock and impact pad on loan from Bonowi for tests of the Bonowi Camlock baton.

The test has taken place during regular Instructor Based Training (IBT) and at two training classes. The results have led to an evaluation, and the findings have been touched upon by some colleagues. Below are the findings:

Format of the pad

The format that was tested is the largest of its kind, 70 x 90 cm. The size of the pad contributes to the fact that blows are arbitrarily placed on the pad. This makes it more complicated and difficult for the

person delivering a blow to differentiate on the large muscle groups. For the person wearing the pad, the format is not truly mobile. It is somewhat clumsy to offer faster and well during more dynamic exercises.

In order to concentrate/focus more directionally on the large muscle groups and increase the mobility of the person wearing the pad, a slightly smaller model, with the same roundness, is more desirable. There has already been a desire expressed by the working group to procure the 60 x 60 cm version.

Shape of the cushion

The slight rounding of the cushion provides good protection for the person holding the pad. This protects him/her well against a blow placed on the muscle groups of the upper arm or thigh (diagonal blows). This gives the security officer more confidence in his actions and the execution of his blow. Because of the amount of padding, the blows can be given in a less controlled or metered manner. The person offering the cushion is well protected and the cushion is designed and composed to reduce the impact of the blow to almost 0. After all, we are no longer talking about the traditional rubber baton. The full slam can be performed very safely through this.

Handles inside

Due to the many (six pieces) flexible hand grips and the three plastic loops/straps on the inside, every pad holder has enough possibilities to hold the pad sideways left or right or in front of him stable, solid



and definite. It does not matter whether the cushion carrier is large or small in stature. However, in terms of mobility, you have to cut back.

Beating the cushion

This Bonowi pad is put together differently than a regular pad. The main advantage is that you can feel the impact of the stick on the pad, but it does not „punch through“. This last has to do with the shape and material, over the pad is also an extra protective cover that is replaceable.

The security guard, does not have to hold back the force of the blows and can hit the pad with all his energy without having to worry about possibly hurting the person holding the pad.

This makes it even easier to differentiate the force with which he has to strike the blow and prevents an upper arm from being knocked in two. (Comparable to an arm / leg in combination with bone structure, soft or hard tissue)

Sustainability

The pad is sustainable. This pad has been tested during several training sessions and education. The pad is solid and there is no loss of shape. No or hardly any damage was found. If this is the case, it is sufficient to simply replace the cover. Also, the Velcro strap of the pad is sustainable, fit and does not let go, does not come loose, despite intensive use of the pad.

Conclusion

The Bonowi pad corresponds much better than the currently in use kicking, bumping or hitting pads present at the training site. It is more sustainable, safer, more user-friendly and is manageable for any user, large or small of stature. This pad also absorbs hard blows better and gives almost no impact to the person holding the pad. **Bonowi makes pads specifically for Camlock Baton.**

Minus point

Due to the size of the pad it is more complicated and difficult to differentiate on the large muscle groups, due to this less directed strikes. Due to the size less mobile, a slightly smaller model will take away this point (action has already been taken here and a quote has been made on behalf).

The preference is for a procurement of both the tested pad (70 x 90 cm), but in less quantity than the procurement of most of the smaller version (60 x 60 cm).

This in order to continue to offer diversity in techniques. The desire is also to procure the protective covers separately to it, which only benefits the sustainability of the pad.

The names and places were changed to protect the officials.